## Moravian Women's Association Home & Overseas Paper - November 2019

#### Advent!

Advent starts on 1 December this year, so here are some ideas for your November, or even for your December meeting to think about Advent.

#### Youtube -

If you can arrange to show a Youtube video, these can be found using the titles below, and should work well with a small group, and can be shown on a laptop or two. They are only 2 or 3 minutes long.

### "Advent in 2 Minutes (New)"

Is produced by Busted Halo, and asks What is Advent all about? How is Advent different than Christmas? It explains the significance of this special season in the Church and why the experience of waiting, hope, and preparation is still so important in our lives today.

## "Prayer For Advent in 2019"

Is an inspiring prayer that looks back in history to the coming of Christ and forwards with hope to his glorious return. Suitable for a small meeting and for personal devotion, meditation and worship.

# "A Christmas Prayer"

Is produced by Shift Worship. Using stylised illustrations and reflective music, this Christmas prayer asks God for strength to have the faith of Mary, joy to be astonished as the shepherds, humility to be as selfless as the wise men, and courage to walk the Saviour's path.

### The Advent Virus

Be on the alert for symptoms of inner **Hope**, **Peace**, **Joy and Love**. The hearts of a great many have already been exposed to this virus and it is possible that people everywhere could come down with it in epidemic proportions. This could pose a serious threat to what has, up to now, been a fairly stable condition of conflict in the world.

# Some signs and symptoms of **The Advent Virus**:

- A tendency to think and act spontaneously rather than on fears based on past experiences.
- An unmistakable ability to enjoy each moment.
- A loss of interest in judging other people.
- A loss of interest in interpreting the actions of others.
- A loss of interest in conflict.
- A loss of the ability to worry. (This is a very serious symptom.)
- Frequent, overwhelming episodes of appreciation.
- Contented feelings of connectedness with others and nature.
- Frequent attacks of smiling.
- An increasing tendency to let things happen rather than make them happen.
- An increased susceptibility to the love extended by others as well as the uncontrollable urge to extend it.

Please send this warning out to all your friends. This virus can and has affected many people. Some people have been completely changed because of it, and were never the same again."

(The above is anonymous, and I have slightly adapted it.)

Naomi Hancock