## Moravian Women's Association Home & Overseas Paper - December 2019 / January 2020

## **Good Morning Lisburn and Ballymena Lifeline**

The MWA is giving £1,000 to the "Good Morning Lisburn and Ballymena Lifeline" which is part of the Good Morning Northern Ireland Network (GMNIN).

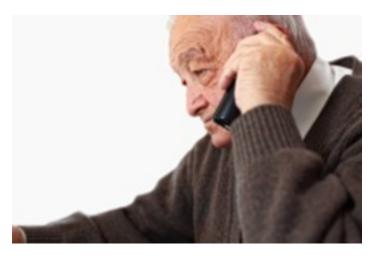


The GMNIN is a community based telephone support offering free confidential daily telephone calls and support.



The service is available to older people, those with a disability, those with addictions or mental health issues and people experiencing domestic violence. It also provides users with access to other local community and statutory services and activities and helps reduce loneliness, isolation, ill health and the fear of crime. It supports them to remain independent in

their own homes. It provides daily phone calls, alerting others if a call is not answered, thus providing service users and their families with peace of mind.



There are 23 local groups within the GMNIN, of which the Lisburn and Ballymena Lifeline is one.

Best wishes to all for Christmas 2019, and the New Year 2020

Naomi Hancock